

Health Services Contact QUICKList

Island Wide

Children's Aid Society 368-2810
 Child & Family Centre (<18) 368-2002
 (Children's Community Network)
 Nancy Cranston (intake, East) x4606
 Patty Chapman (intake, West) x4604
 Tim Lenega (Mental Health)
 Ken McKenzie (section)
 Man. Community Clinic (>=18) 368-0756
 Tammy Freeman (intake) x222
 Pat Thomas (Mental Health)
 Carl Eismont (Mental Health)
 Christine Blake (Addictions)
 Man. Community Help Cen. 377-4444
 NEMI Health Team 368-1488
 Mark Bedard (social worker)
 (1st Nations) 859-3800
 Man. Family Resources 377-5532 x229
 Crisis Line 377-5160
 (Haven House)
 VCARS 368-9945
 Social Serv. Admin Board 368-0238
 (Rent-geared to income housing)

 Man. Legal Clinic 368-3333
 Withdrawl Manage Serv. 368-0058
 Addiction/Gambling Serv. 368-0756 x231
 Child & Family Centre 705-869-1564
 (Espanola)

Sudbury

Children's Comm. Network 566-3416
 Legal Aid Ontario 673-8182
 Elizabeth Fry Society 673-1364
 (Female Court Counselling)
 Pregnancy & Parenting Outreach 674-8159
 Alcoholics Anonymous 705-674-6217
 NorOn. Suicide Prevention Net. 675-9171
 x2637

First Nations

Aundeck Omni Kaning 368-3171
 Sheguiandah 368-2781
 Sheshewaning 283-3030
 Zhiibaahaasing 283-3963
 Whitefish River 285-4354

 M'Chigeeng Food Bank 377-589
 Wikwemikong Food Bank 859-3122
 HIV/AIDS 674-9449
 Ont. Ab. Strategy Office
 Children's Aid (Abor. Dept) 705-566-3113
 Lisa Froman x2423
 First Nations Legal Serv. 674-1300
 Child/Family Centre 675-2003
 Ngwaagan Gamic Cen. 859-2324
 Addiction Recovery , Wikwemikong
 Wikiwemikong Family Cen. 859-3122

Help Lines

Algoma Family Services 800-461-2237
 Kids Help Phone (<18) 800-688-6868
 Women's Sexual Assault 800-205-7100
 Sexual Assault Helpline 866-863-0511
 Lesbian/Gay Youthline 800-268-9688
 AIDS/ STD Helpline 800-363-8388
 Mental Health Warmline 866-856-9276
 Children's Community Net. 877-272-4336
 Crime Stoppers 800-222-8477
 Children's Crisis Intervention 877-841-1101
 (Mobile Crisis Line)
 Drug/Alcohol Infoline 800-387-2916
 Smoker's Helpline 877-513-5333
 Gambling Helpline 800-668-6868
 Parent Helpline 888-603-9100
 Telehealth Ontario 866-797-0000
 Health Care Connect 800-461-2919
 Eatright Ontario Call Cen. 877-510-5102
 Consumer Health Info 800-667-1999
 Brain Injury Assoc. 800-263-5404
 Ontario Works 800-667-3145
 Landlord Tenant Board 888-332-3234
 Eating Disorder Info Cen. 866-633-4220
 Pregnancy Hotline 800-550-490